



DISCOVERY

RECOVERY

HOPE • CONTROL • OPPORTUNITY

RECOVERY COLLEGE

Spring 2021 Prospectus



Western Health
and Social Care Trust

Enniskillen – Fermanagh House

Understanding Obsessive Compulsive Disorder	Wednesday 21 April	10.30am – 12.30pm
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HOPE	Wednesday 28 April	10.30am – 12.30pm
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Living Well With Psychosis	Wednesday 12 May	10.30am – 12.30pm
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WRAP Wellness Recovery Action Plan (1)	Thursday 13 May	10.00am – 4.00pm
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WRAP Wellness Recovery Action Plan (2)	Thursday 20 May	10.00am – 4.00pm
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Building Connections	Wednesday 26 May	10.30am – 12.30pm
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Routines for Recovery	Wednesday 2 June	10.30am – 12.30pm
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Course Enrolment

Enrolment for courses and workshops is essential, and there are 4 easy ways to do so:

Telephone: 02882 252079 or 02882 833291

Post: Recovery College Enrolment,
Lisnamallard,
5b Woodside Avenue,
Omagh,
Co. Tyrone,
BT79 7BP

E-mail: recoverycollege@westerntrust.hscni.net

Online: Download an enrolment form at:
<https://westerntrust.hscni.net/service/recovery-services/recovery-college/>

Complete the form and return it to us by post or email at the addresses above.

Early enrolment is recommended as courses fill up quickly, and places are allocated on a strictly first come, first served basis. Places will be confirmed approximately 2 weeks before the beginning of each course.