

epilepsy *action*

**Northern
Ireland**



Our volunteer-led groups welcome anybody affected by epilepsy to talk, listen and share experiences in a relaxed and friendly environment.

talk and support

Where:

PERMANAGH HOUSE,
ENNISKILKEN

Launching

When:

Saturday 22nd July
@ 11.30 a.m.

Monthly thereafter!

Register at

epilepsy.org.uk/groups

0113 210 8899

Epilepsy Action helpline

Freephone: 0800 800 5050

Registered charity in England and Wales
(No. 234343)

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Epilepsy Action is the charity representing the thousands of people affected by epilepsy in the UK. We provide support and advice to help people beat the challenges epilepsy can bring, and raise awareness so that all people with epilepsy are treated with the fairness and understanding they deserve.

“The group helped me to regain my confidence, accept my epilepsy and understand it”

Our Talk and Support groups welcome anybody affected by epilepsy to talk, listen and share experiences in a relaxed and friendly environment.

You can find a group near you, or join a Talk and Support virtual group at [epilepsy.org.uk/groups](https://www.epilepsy.org.uk/groups)



Epilepsy Action

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[epilepsy.org.uk](https://www.epilepsy.org.uk)

Epilepsy Action Helpline: freephone 0808 800 5050
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